

The background features a vertical gradient from light orange at the top to light teal at the bottom. Scattered across the background are numerous water droplets of various sizes, some with soft shadows, giving a fresh and clean aesthetic.

Good morning  
everyone!

# Welcome

Today we hear about two of the healing miracles  
of Jesus.

We learn about Jesus' kindness and  
understanding.

# Opening prayer



Dear Christ Jesus,

As we hear of your loving kindness toward others may we be inspired to bring your healing to anyone in need.

Amen.



# Gospel: Mark 4:35-41

On the evening of that same day Jesus said to his disciples, "Let us go across to the other side of the lake."

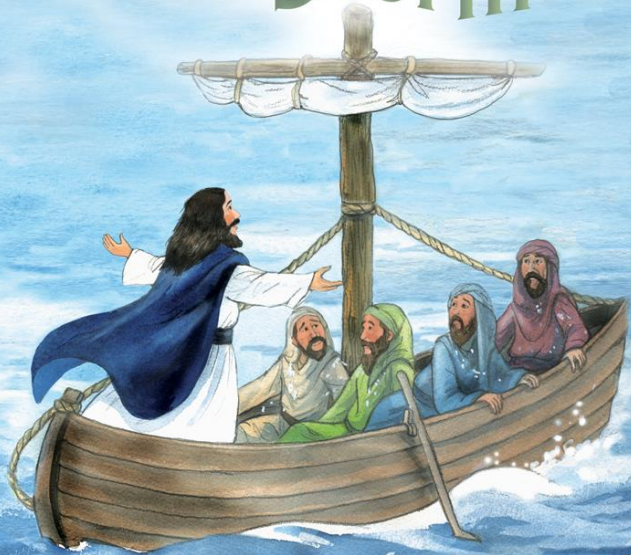
So they left the crowd; the disciples got into the boat in which Jesus was already sitting, and they took him with them. Other boats were there too. Suddenly a strong wind blew up, and the waves began to spill over into the boat, so that it was about to fill with water. Jesus was in the back of the boat, sleeping with his head on a pillow. The disciples woke him up and said, "Teacher, don't you care that we are about to die?"





# Gospel: Mark 4:35-41

## Jesus Calms the Storm



Jesus stood up and commanded the wind, “Be quiet!” and he said to the waves, “Be still!” The wind died down and there was a great calm. Then Jesus said to his disciples, “Why are you frightened? Have you still no faith?”

But they were terribly afraid and said to one another, “Who is this man? Even the wind and the waves obey him!”

THE GOSPEL OF THE LORD

All Response : PRAISE TO YOU, LORD JESUS CHRIST

# Gospel reflection

What do you remember from today's reading?



Jesus was in a boat with his disciples, when the wind started to blow really strongly. And the waves started crashing against the boat. They were so high that the boat almost sank.

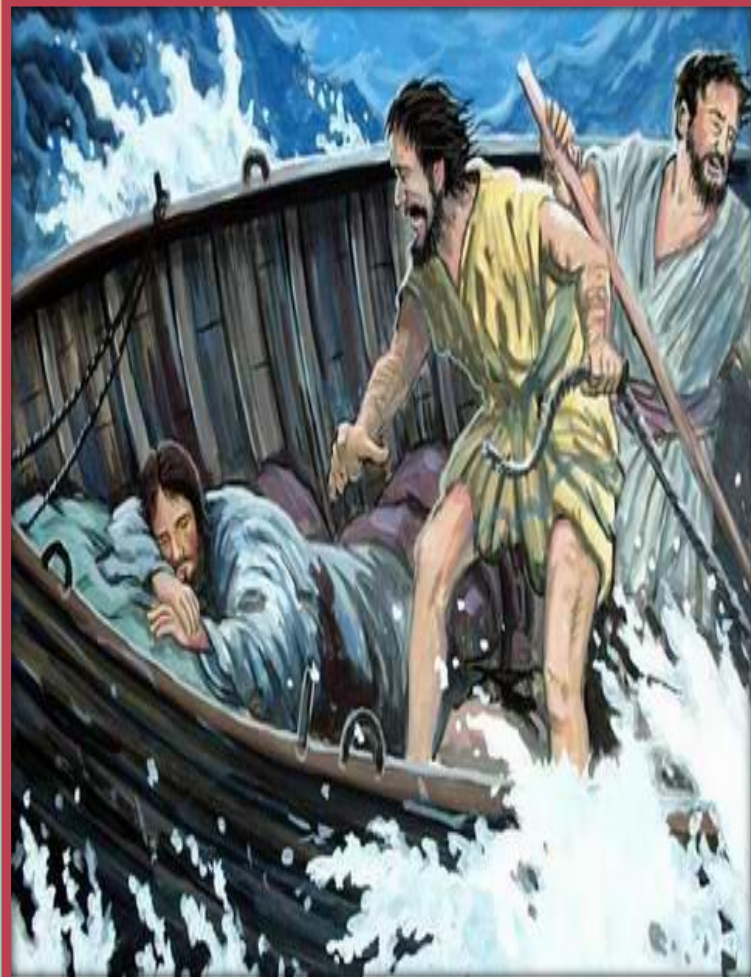
Have you ever been on a boat when the weather was bad?

What was it like?

How do you think you would have felt if you were on this boat?



# Gospel reflection



What was Jesus doing while all this was happening? Was he afraid?

What did Jesus do when the disciples woke him up?  
Jesus told the wind and the sea to be quiet and still.

The wind stopped blowing and the waves stopped crashing against the boat.

Jesus asked the disciples why they were frightened and why they didn't have faith that everything would be ok.

# Gospel reflection

Do not  
be  
Afraid



If you had been one of the disciples on that boat, with the wind blowing and the waves crashing, do you think you would have trusted Jesus that everything would be ok?

Sometimes when everything around us is scary and going wrong, it can be hard to keep our faith in God. We can feel like God is no longer with us and it is hard to see how things will get better.

But in this reading Jesus tells the disciples not to be afraid. They should know that God is always with them, especially in the difficult times.

God works through us and through others who are there to help and support us in the difficult times.

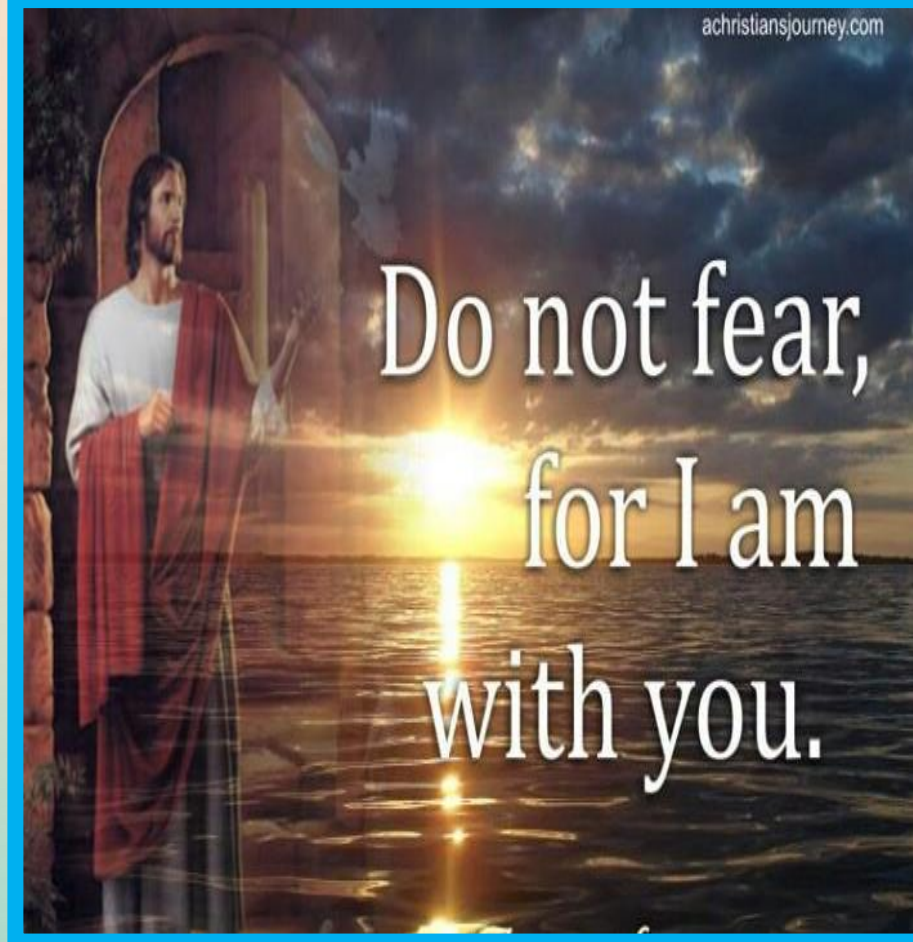


# Gospel reflection

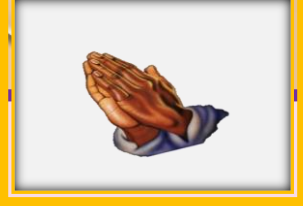
Who makes you feel better when you are sad or frightened?

The next time that we are sad, or afraid, let us remember that we are never alone. God is always with us.

Let's try to see God in those who make us laugh and be happy, or who help us when we are frightened – our friends, our family, our teachers...



## Let us Pray



We pray together to God who is with us always:

We pray for all people who are out at sea, for work, for fun, or as refugees seeking a new place of safety: that God may watch over them and keep them safe from storms.

Lord in your mercy...

**All Response : Hear our prayers**

We pray for all people whose loved ones have died, who are sad or who are afraid: that they may find the support and comfort that they need from others. Lord, in your mercy...

**All Response : Hear our prayers**

We pray for our parish, family and friends: that we may be there for those who need our help, sharing God's love and comfort with each other.

Lord, in your mercy...

**All Response : Hear our prayers**

God of courage, help us to be brave when things are difficult, and to be there for others who are facing hard times, so they may know that they are not alone.

Lord, in your mercy...

**All Response : Hear our prayers**



THIS WEEK, LET'S ALSO TRY TO BE THERE FOR OTHER PEOPLE WHEN THEY ARE FACING DIFFICULT TIMES, SO THAT THEY KNOW THAT GOD IS STILL WITH THEM TOO.



God Is  
Always with You



A decorative border featuring pink lilies, orange butterflies, and green vines with small pink flowers, framing the central text. The background of the border is a soft, glowing light pink.

Have a Beautiful  
Monday and a  
Blessed week!

